



Base Bulletin

Vandenberg AFB, CA 93437-0759



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The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to 1 line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. For Emission Security (EMSEC): information, check the AFCA Information Assurance web site at <http://www.afca.scott.af.mil/ip/emsec/emsec.htm#emsecpubs>. You will find and review updated information in the form of Emission Security Information Messages (ESIM) at <http://www.afca.scott.af.mil/ip/ip/messages/esim.htm>. (30CS/SCBI, 5-2352)

b. New Publications: The following new publications are available on the VEPDL: 14AFH 10-301, Activation and Mobilization of 14 AF Gained ARC Forces, 30SWI13-101, Base Airfield Operations (Effective 1 Jan 02), and 30SWPAM 36-3, Vandenberg AFB Civilian Employee Information. (30CS/SCSP-DCI, 6-7892)

c. Did You Know: Air Force units at all levels must manage records systematically to make sure they are complete, accurate, trustworthy, and easily accessible. Also did you know Air Force units at all levels must document their organization, function, and activities and preserve their records by implementing effective life-cycle management procedures within their areas of responsibility. This all means, do you have a base approved office file plan? (30CS/SCBR-DCI, 6-4212)

d. Chief of an Office of Record (COR): "Person designated as head of an office where records are created, received, or maintained; has responsibility for physical and legal custody of records." CORs should review AFI 33-322, Records Management, on their respective responsibilities. (30CS/SCBR-DCI, 6-4212)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Approval for On-Base Commercial Carrier Accounts and Pick Up Points: Attention all DoD organizations on Vandenberg AFB: Under the provisions of AFI 24-201, paragraph 2.1, the Traffic Management Office (TMO) must approve all on-base commercial carrier accounts and pick up points. To assist us in ensuring we are complying with AFI 24-201, we request all organizations with a commercial

carrier (Federal Express, United Parcel, etc.) contact TMO. POC: MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

3. 30th Security Squadron Information:

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call Police Services, 5-0792. (30 SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg. 13675. For more information, call Police Services, 5-0792. (30 SFS/SFOSP)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1., all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

4. Palace Chase Briefing: 13 Nov 01, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend this briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704). (30 MSS/ISR)

5. Commissary & Mini-Comm Hours for Veteran's Day: In Observance of Veteran's Day, the commissary and Mini-Comm. Hours will be:

11 Nov 2001	Both Stores:	Closed
12 Nov 2001	Main Store Hours:	Closed
12 Nov 2001	Mini-Comm Hours:	0600-1800

An additional full-service shopping day will occur on 19 Nov 2001. Hours will be:

19 Nov 2001	Main Store Hours:	0930-1800
19 Nov 2001	Mini-Comm Hours:	0600-0930 and 1800-2100. (DeCA/WP.VRG, 5-8803)

6. Notice: Colonel Robert M. Worley II, 30 SW/CC, regrets to announce the death of A1C Cassandra C. Willoughby of the 30th Communications Squadron. Anyone having claims for or against the estate of A1C Willoughby, deceased, please contact Capt Patricia Wiegman-Lenz, 30 CS/SCS, at 6-8787. Email: patricia.wiegman-lenz@vandenberg.af.mil.

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III - UNOFFICIAL

Family Support Center: Pre-Register for all Classes, Workshops & Seminars. (30MSS/DPF)

a. Baby Meet: Held every Thursday at 1000 at the gymnasium next to the Youth Center. This is a parent participation group for babies between the ages of newborn to 2 years of age. Meet other parents and their babies for discussion and socialization. *Well babies only please.* For information, call Christine at 734-7135.

b. Preschool Story Time: Story time for children 2 to 5 years old every Thursday at 1000. Please sign up your child in advance so crafts can be planned. Contact the Library at 6-6414 to sign up.

c. Understanding REDUX/Career Status Bonus and the Thrift Savings Plan. 5 Nov, 0900-1100. Did you know that the new Career Status Bonus offers a one time \$30,000 payment in exchange for a lifetime reduced retirement benefits. Eligible members who first committed to military service on or

after 1 Aug 86 must make the irrevocable decision on their 15th active duty anniversary. Do you trade retired pay for a lump sum today? Get the information you need now to make your decision.

d. Newcomer Spouse Orientation: 5 Nov 01, 745-1230 for a full morning of the Base Newcomer Orientation at the Pacific Coast Club or opt to arrive at 0950 to attend the Community Fair followed by the Spouse Group at 1100. Children are welcome to the Fair and Spouse Group — toys are provided. Meet other newcomers and learn about services and things to do on and off VAFB. Registration is not necessary, but call 6-0801 for more information.

e. TOPS (Take Off Pounds Sensibly): Every Monday at 1900-2000. A weight reduction support group is available for those interested in losing weight and meeting with others who have similar goals. Call Julie at 733-7905, or the HAWC at 6-2221.

f. TAP Seminar: 6-8 Nov 01. This is a highly recommended seminar for those who are scheduled for separation or retirement from the military service within the one-year window. Speakers from VA, DVA, DoL, DoD, Relocation, and Education brief you on job search, networking, resume writing, interview technique, negotiating salaries, coping with transition, federal employment opportunity, relocation, education and vocational opportunities, etc. and other topics. Spouses are accommodated on a space available basis. Call 5-0134 for registration.

g. Tobacco Cessation Program: A 6-session class conducted at the HAWC. Class begins 6 Nov 01 through 11 Dec 01, 1200-1330. Topics covered are reasons why people smoke, effects of smoking, why people can't quit. Prescriptions for nicotine patch or Zyban are available. Call 6-2221 to register.

h. Understanding the Thrift Savings Plan:

i. 6 Nov, 1700-1800. The new Uniformed Services Thrift Savings plan is here, a special open season will run from 9 Oct 01 through 31 Jan 02. This 401K type plan will allow military members the opportunity to accumulate long-term, tax deferred savings. Get the information you need on enrollment, investment vehicles, and much more. Check out the thrift savings plan website on www.tsp.gov.

j. Playtime for Tots: This playgroup is for parents and their children ages 2 – 5. They meet Tuesday mornings at 1000 at Cocheo Park except for the third Tuesday where they go to the library for story time. This is a time for parents and their children to meet others for free play. *Well children only please.* POC: Beki at 734-2668.

k. Weekly Nutrition Classes at the HAWC: Wednesdays, 1130-1230. Topics include: Heart Smart for Cholesterol Control, Diabetic Meal Planning with carbohydrate counting, Prenatal/Child Nutrition and Nutrition for Health. Call 6-2221 for more information.

l. Mutual Fund Basics: 9 Nov 01, 1100-1200. Also known as Mutual Funds 101, this class will explain the basics of investing in mutual funds. To register call 6-4491.

m. Initial Transition Plan: For military members scheduled to be separated or retired, an Initial Transition Plan (ITP) counseling is required at least 90 days prior to leaving the service. The briefing mainly consists of service members' benefits. The base Transition Assistance Program (TAP) has just added a session to offer this mandatory counseling, every Tuesday morning, 0800-0900, except the TAP Seminar week. Spouses are welcome and encouraged to attend. Call 5-0134 for scheduling.

n. Job Information Expo: 13 Nov 01, 1000-1030, Family Support Center. Come to find out information on local job employment opportunities and sources. Find out who's hiring and who's not. Find out how to add your resume to the AF and local websites. Call 5-8557 for more information.

o. Single Parents Support Group: 13 Nov 01, 1100-1300 at the Pacific Coast Club. This is an informal group for individuals who are dealing with divorce and single parenting. Pre-Registration not required. For more information, call 6-9958.

p. Manage Your Move: 14 Nov 01, 1330. For adults on the move, includes briefings from Finance, TMO, Housing, Legal Office, and tips from TRICARE. Have your questions ready and plan to attend within 120-90 days prior to departure. Spouses are encouraged to attend. Call 6-0801 to register.

q. National Society of Military Widows: 14 Nov 01, 1400. Meet at the Retiree Activities Center located adjacent to the Base Exchange and Four Seasons Store. Guest speakers talk on items of interest to widows and retirees.

30th Services Squadron: (30 SVS/SVK, 6-0276)

a. Pacific Coast Club: (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- **Ultimate Membership Drive Kickoff:** Now through 18 Nov 01. Become a club member during this drive and have a chance to win some new wheels.

- **Every Friday is Club Card Drawing.** Don't miss your chance to win the Jackpot. Drawing is every Friday between 1700-2000. Must be present to win.
- **Entertainment Events:**
 - 2 Nov 01, 2000-2400. **Live Band** in the Hawk's Nest.
 - 2 Nov 01, 1800-2200. **DJ** in the Launch Pad.
 - 8 Nov 01, 2100-0200. **Mug Night with DJ** in the Hawk's Nest.
 - 9 Nov 01, 2100-0200. **Latino Night** in the Hawk's Nest.
 - 10 Nov 01, 2100-0400. **All Nighter** in the Hawk's Nest.

Menu

- **Evening Dining:** 1800-2000.
 - 31 Oct 01: Wednesday Evening Special. **Chicken Cordon Blue.** \$9.95.
 - 7 Nov 01: Wednesday Evening Special. **Salmon Wellington.** \$14.95.
 - 18 Nov 01, 1000-1400. **Sunday Brunch.** Adults, \$13.95.
- b. **Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
 - **Run/Walk Across America:** This is a free incentive program with awards being offered for achieving levels of distance. This program is open to everyone. Sign up at the Fitness Center.
 - **Rugby Skills Clinic:** 31 Oct 01, 1630. Meet at the Football Field.
 - **Upcoming Activities:**
 - 1 Nov 01, 0900-1000. **Men on Weights.**
 - 2 Nov 01, 1200. **Lunchtime Flag Football Tournament.**
 - 6 Nov 01, 0900-1000. **Women on Weights.**
 - 8 Nov 01, 0900-1000. **Men on Weights.**
 - 9 Nov 01, 1200. **5K Run.**
- c. **Bowling Center:** (30SVS/SVK, 6-3209)
 - **9-Pin No-Tap:** 10 Nov 01. Check in at 1730, Bowling starts at 1800. Cost is \$10 per person, including 300 game pot.
 - **Thunder Alley/Rock 300:** Glow and Bowl. Thursday, 1800-2100, Family Night. Friday, 2200-0100, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **Bonanza Bingo:** Play daily from open to close. It's only \$1 per card for a chance to win up to \$1000.
- d. **Services Center:** (30SVS/SVYR, 5-8974)
 - **Natural Knead Massage Therapy:** Therapeutic massage is a valuable addition to health care and fitness routines as a natural way to promote healthy body functioning, and to enhance the body's restorative powers. Located in the Services Center, call for appointments at 5-4748. Current Specials Offered:
 - 30 Minute Lemon and Mint Foot Bath and Massage - \$25.
 - 1 Hour Aromatherapy Massage Special - \$45.
 - 1 Hour Massage Special for E1-E4 - \$35.
- e. **Youth Center:** (30SVS/SVYY, 6-2152)
 - **Youth Basketball Skills Day at the Youth Center:** 2 Nov 01, 1700. Skills day has been moved.
 - **Volunteers Needed:** Youth Sports is looking for volunteers to be coaches, scorekeepers and officials for the upcoming season.
 - **Parents Advisory Board:** Stop by the first Wednesday of every month for the Parents Advisory Board Meeting.
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Turkey Shoot:** 17 Nov 01. Format: 2-Person Select Shot. Entry fee is \$10 per player. Sign up at the Pro Shop.
 - **Ladies Priority:** Every Wednesday 0830-0900.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
 - **Open Skeet and Trap Shooting:** Every Wed, Fri, Sat, and Sun at 0830, except for special events.
- i. **Library:** (30 SVS/SVT, 6-6414)
 - **Preschool Story Time:** Story time for children 2 to 5 years old every Thursday at 1000. Please sign up your child in advance so crafts can be planned. Contact the Library at 6-6414.
 - **Internet is Here!** The library now has Internet access available.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

a. Former VEAP Participants: Now is your chance to enroll in the Montgomery GI Bill—worth \$23,400 in education benefits over 36 months. Please contact the Education Office before 1 Nov 01 as this is your last opportunity to enroll. Visit Bldg 14001 (across from the base commissary) or call 5-5904 for questions.

b. Civilian Tuition Assistance (TA) Approved for FY 02: TA is open to all civil service grades who are pursuing bachelor or graduate degrees. You may receive TA for up to three courses per term. TA will pay for 75% of tuition up to \$187.50 per credit hour and up to a maximum of \$3500 per fiscal year. Space Command Units only. For more information visit Base Education in Bldg 14001 or call 5-5904.

c. Cal Poly Courses: The following courses will be available in Winter '02 to students at Vandenberg AFB: Aero 550-80 Analysis and Design of Flight Control Systems; Aero 502-80 Methods of Applied Mathematics; Aero 500 Individual Study; Aero 599 Design Project/Thesis. Winter Session begins 7 Jan 02. New students should go to the website http://www.ess.calpoly.edu/_admiss/ to apply for program admission. For all students accepted by the program, connect to www.power.calpoly.edu for web registration. Please contact Vera Gee at vgee@calpoly.edu for admission questions, or Dr. Jin Tso for general advising at 756-1391.

d. Applications for Physician Assistant Training Program for CY 02: Applications for Physician Assistant training for classes beginning in Jan 03, Apr 03, and Aug 03 will be accepted no later than 25 Jan 02. See your Education Counselor for details 5-5904.

e. Customer Service Hours: Office hours for Unit Personnel Record Group (UPRG's) will now be from 1000-1200 and 1300-1500. During these hours you can pickup records, drop off records, request copies or review records with the exception of DD Form 93's and SGLI's. You can update or review your DD form 93 and SGLI anytime during normal customer service hours of 0730-1630. For questions contact Kim Valentine at 6-2276 or by email at kimberley.valentine@vandenberg.af.mil

f. The Pitsenbarger Award: Formerly known as the Eagle Grant, the Pitsenbarger award provides a one-time award of \$400 to selected top USAF enlisted personnel graduating from the Community College of the Air Force (CCAF) who plan to pursue a baccalaureate degree. The grant was renamed this year in honor of Medal of Honor recipient A1C William Pitsenbarger. Airman Pitsenbarger, a highly trained Pararescue Jumper, was killed in the line of duty during the Vietnam War while rendering aid to an Army unit under heavy attack by a Viet Cong battalion. Applications and requirements for the Pitsenbarger Award will be sent to eligible CCAF Fall graduates. The Award will be presented at the CCAF Fall Graduation on 28 November, 2001. For more information, contact Base Education 5-5906.

g. SAT: 9 Nov 01, 0830. The SAT Test will be given on Friday 9 Nov 01 at 0830 at the Education Center. This test is open to active duty only. To schedule, call Base Education 5-5904. The SAT may be needed for various commissioning programs.